

# Milton High School T&F Records - Girls

\*\*=New Record set in 2008

## INDIVIDUAL RUNNING EVENTS

### **100m\*\***

12.71

Zola Polynice

2008

### **200m**

26.44

Kim Worbo

1996

### **400m**

58.10

Kirsten Walsh

2007

### **800m**

2:25.82

Caitlin German

2006

### **1600m**

5:23.67

Caitlin German

2003

### **3200m\*\***

11:54.54

Lauren Jones

2008

### **5000m Cross Country**

19:26

Megan Hirschi

2006

### **100m Hurdles**

16.29

Allysa Willis

2006

### **300m Hurdles**

48.40

Kim Worbo

1977

## **RELAYS**

### **4x100m Relay**

51.34

1977

### **4x400m Relay**

4:10.30

1976

### **800m Sprint Medley Relay**

**(100/100/200/400)**

2:04.14

1999

### **Distance Medley Relay**

**(1200/400/800/1600)**

13:34.70

2007

Jamie Chandler

Sarah Foreman

Lauren Newman

Laura Randall

### **1600m Sprint Medley Relay**

**(200/200/400/800)**

4:47.14

1999

### **4x800m Relay**

10:23.44

2007

Megan Hirschi

Sarah Foreman

Laura Randall

Lauren Newman

### **4x1600m Relay**

23:23.42

2006

Megan Hirschi

Laura Randall

Maddie Cook

Sarah Foreman

## **FIELD EVENTS**

### **Long Jump**

16' 8"

1977

Norah Ferguson

### **Triple Jump**

30' 2"

2000

Johanna Mesinger

### **High Jump**

5' 6"

2000

Barbara Monroe

### **Pole Vault\*\***

9' 7"

2008

Samantha Becker

### **Shot Put**

35' 5"

1977

Jane Madden

### **Discus**

111' 10"

2000

Ashley Norris